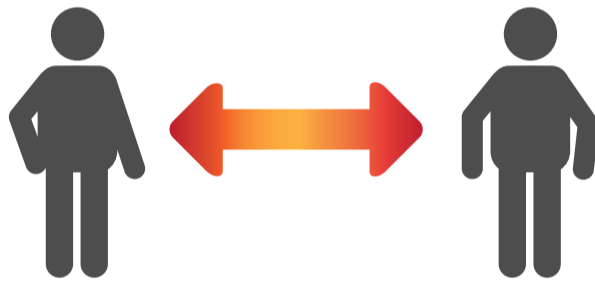


# KEEP OUR COMMUNITIES HEALTHY

## Protect community and Elders to stop the spread of COVID-19

The coronavirus (COVID-19) can be very dangerous especially for our Elders and people who already have health problems. We are a big mob but now we need to become a small mob.

**Stay away from public places** where there are groups of people, except to get important things like food or medicines.



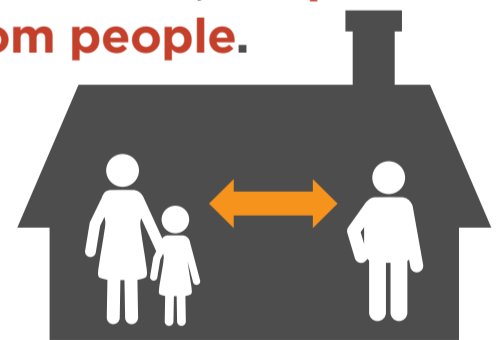
**Stay at home** to help stop illness spreading between communities.



**If you need to self-isolate** in a house with other people limit your time with others. Keep to your own room and don't share meals or household items.



Unless you are caring for someone who is unwell in your home, **keep a distance from people.**



**Culture is important** but for now limit all community and social activity. This includes all funerals and Sorry Business.



**If you are sick, let people know and call your local health service.**